



## **Our Daily Rest Case Study: John**

John, a quiet man in his early sixties came to Our Daily Rest when his work was cut due to the slowing economy. Despite years of success, he found himself without the necessary resources to live. Like many of Our Daily Rest clients he had stayed with friends until he wore out his welcome. John says he finally conquered his pride and asked to come to the shelter.

John is an honorably discharged veteran of the United States Navy where he was a Seabee. He had been self-employed working as a carpenter, electrician, draftsman and on heavy equipment. He is certified to work with wastewater management and has completed two years of college.

At the time John came to Our Daily Rest, he had just begun work at a building supply store unloading trucks in the middle of the night. Quickly his competence was recognized and his experience rewarded with a promotion to selling lumber during the day. He continues to take odd jobs to supplement this regular income.

While at Our Daily Rest, he could be found reading in the men's dorm on his days off or corresponding with old friends through email. His drug free lifestyle is corroborated by his carrying a 19 year chip from Narcotics Anonymous. In the shelter he was a role model for good behavior and an inspiration to other clients.

Congratulations John on using Our Daily Rest as a stepping-stone to transition to a productive, independent life!